

# IRON LEAGUE MEN'S STUDY

## PAUL'S EPISTLE TO THE ROMANS

### ROMANS 7

Lesson 8

Day 1: Read Romans 7:1-6

From Romans 7:5-6 describe and comment on our condition:

a. When we were in the flesh

b. When we were delivered from the law

(1) What stands out to you most from this contrast?

Day 2: Read Romans 7:7-12

From Romans 7:12 record Paul's conclusion concerning the law.

a. Use Psalm 19:7-9 to highlight the good benefits of the law.

Day 3: Read Romans 7:13-19

According to Romans 7:14, what do we know about:

a. The law

b. Ourselves



Day 4: Read Romans 7:20-25

The word wretched in Romans 7:24 literally means wretched through the exhaustion of hard labor. With this in mind, how do you relate to Paul's exclamation in this verse?

a. What does this convey about our struggle with sin?

## Day 5: Review

Describe specific ways that you've been personally encouraged this week while reading and studying Romans 7.

